

AGENDA MANAGEMENT SHEET

Name of Committee **Adult Social Care and Health Overview and Scrutiny Committee**

Date of Committee **12th October 2010**

Report Title **Learning Disability Self Assessment Action Plan**

Summary
On 12th June 2010 the O&S committee received the first learning disability self assessment report which highlighted some areas for improvement. O&S requested that an action plan be presented back to them by September 2010. The action plan is attached to this report.

For further information please contact:
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Would the recommended decision be contrary to the Budget and Policy Framework? No.

Background papers None.

CONSULTATION ALREADY UNDERTAKEN:- Details to be specified

Other Committees ☐

Local Member(s) ☒ Not Applicable

Other Elected Members ☒ Councillor L Caborn, Councillor D Shilton, Councillor S Tooth, Councillor C Rolfe, Councillor C Watson

Cabinet Member ☒ Councillor I Seccombe, Councillor A Farnell

Chief Executive ☐

Legal ☒ Alison Hallworth, Adult and Community Team Leader

Finance ☒ Chris Norton, Strategic Finance Manager

Other Chief Officers ☐

| | | |
|--------------------------|-------------------------------------|------------------------------|
| District Councils | <input type="checkbox"/> | |
| Health Authority | <input type="checkbox"/> | |
| Police | <input type="checkbox"/> | |
| Other Bodies/Individuals | <input checked="" type="checkbox"/> | Michelle McHugh, O&S Manager |

FINAL DECISION NO

SUGGESTED NEXT STEPS:

Details to be specified

| | | |
|---|-------------------------------------|-------------------------------|
| Further consideration by this Committee | <input type="checkbox"/> | |
| To Council | <input type="checkbox"/> | |
| To Cabinet | <input checked="" type="checkbox"/> | 14 th October 2010 |
| To an O & S Committee | <input type="checkbox"/> | |
| To an Area Committee | <input type="checkbox"/> | |
| Further Consultation | <input type="checkbox"/> | |

**Adult Social Care and Health Overview and Scrutiny
Committee – 12th October 2010**

Learning Disability Self Assessment Action Plan

**Report of the Strategic Director of Adult, Health and
Community Services**

Recommendation

The Committee is asked to scrutinise the action plan and pass on any comments or recommendations to Cabinet as appropriate in preparation for its meeting on 14th October 2010.

1. Introduction

- 1.1 The first annual self assessment for learning disability services was presented to O & S on the 12th June 2010. The self assessment provides a picture of the progress being made within learning disability services as well as areas for improvement. It is these areas of improvement that O & S have asked for an action plan to be developed and reported back to the O & S committee.
- 1.2 The self assessment identified four areas for improvement. These are:
- Reducing reliance on residential care and moving towards use of Extra Housing and supported living options
 - Reducing the number of people with a learning disability living out of County
 - Getting more people with a learning disability into employment.
 - Getting better information, through the Health Access Teams, so that planning and commissioning is more robust and evidence based.
- 1.3 Combined, these areas for improvement form the core of the Learning Disability Strategy and are considered central to the Directorates transformation programme and in particular savings plan.

2. Context

- 2.1 Valuing People states that “Like other people, people with a learning disability want a real say in where they live, what work they should do and who looks after them...”
- 2.2 Analysis of Warwickshire expenditure compared with England for 2008/09 for people with a learning disability aged 18 – 64 years shows that Warwickshire’s spending for learning disabled people is not achieving this ambition as well as it

might. The analysis shows that Warwickshire:

- Spent 7% less than average on social care for adults with a learning disability, but supported 20% fewer people in residential care and 25% fewer people in the community.
- Spent 47% of the budget on residential care, compared with an average of 43%
- 25% of people known to the council were in settled accommodation, compared to the average of 33%.
- 2% of people with a learning disability known to the council were in any form of work.

Put simply, Warwickshire helps fewer people overall than other councils but at a higher cost, give a lot of help to a small number of people who are in residential care and supported accommodation, help too few people to live in their own homes or to find and keep a paid job.

- 2.2 This analysis correlates with more recent benchmarking analysis of the self assessment report across the West Midlands. It shows Warwickshire as the highest spending authority for residential care (see appendix A) and confirms Warwickshire as one of the lowest spending authority for supporting living.
- 2.3 Whilst there should be an element of caution in using this analysis, it does support the theory that Warwickshire Learning Disability Services remains traditional in its approach to commissioning and the delivery of services.

3. Strategic Approach

- 3.1 A refresh of the current Learning Disability Strategy is underway. The refresh acknowledges that there needs to be a significant shift in the way services are commissioned and delivered if limiting resources are to be used effectively and the outcomes, defined by users and carers themselves, are to be realised.
- 3.2 The learning disability strategy refresh must:
- Implement the personalisation agenda, including self directed support
 - Reduce the use of residential care and increase options for independent living
 - Change the way services are delivered, focussing more on helping people to access universal services including getting and keeping a job.
 - Support family carers, particularly older carers
 - Improve commissioning.
- 3.3 In future we will need to:
- Help people with a learning disability to lead ordinary lives, relying less on services.
 - Spend more on help people to live in their own homes
 - Spend less on building based services and focus more on supporting people in the community
 - Support more people to find and keep paid jobs

4. Population Profile

- 4.1 According to DH PANSI dataset, Warwickshire's learning disability population 18+ is projected to increase cumulatively by 3.61% over the next five years.

| Projected number of Clients with moderate to severe learning disabilities. | | | | | | % increase of projected number of clients from 2010 | | | | |
|--|---------|---------|---------|---------|---------|---|-------|-------|-------|-------|
| 2010 Baseline | 2011 | 2012 | 2013 | 2014 | 2015 | 2011 | 2012 | 2013 | 2014 | 2015 |
| 2,077.0 | 2,089.0 | 2,105.0 | 2,120.0 | 2,157.0 | 2,152.0 | 0.58% | 1.35% | 2.07% | 3.85% | 3.61% |

- 4.2 Comparing this with current users of adult social care services, the table below illustrates a pattern of growth for people with a learning disability, by district, who may be eligible for social care support over the next five years.

Table 2: Snapshot data from 31 March 2010 - population projections of people with LD from 2010 Baseline

| District | 2010 Snapshot Data | | | 2015 Projection | | | | |
|-----------------------|--------------------|------------|-------------------|-----------------|---------------|-------------|------------|-------------------|
| | 18-64 | 65+ | Total LD Client s | 18-64 % Chang e | 65+ % Chang e | 18-64 | 65+ | Total LD Client s |
| <i>Out Of County</i> | 70 | 4 | 74 | | | | | |
| North Warwickshire | 125 | 14 | 139 | 0% | 18% | 125 | 17 | 141 |
| Nuneaton and Bedworth | 258 | 23 | 281 | 1% | 16% | 259 | 27 | 286 |
| Rugby | 135 | 10 | 145 | 3% | 16% | 139 | 12 | 151 |
| Stratford | 179 | 20 | 199 | 2% | 18% | 183 | 24 | 207 |
| Warwick | 204 | 34 | 238 | 11% | 12% | 226 | 38 | 264 |
| Grand Total | 971 | 105 | 1076 | 4% | 16% | 1010 | 122 | 1131 |

- 4.3 Warwick district has the most significant predicted growth for 18-64 years age group with an average increase of 11%. But the most significant rise is in the 65+ year's age group showing 16% across the County.
- 4.4 The population of people aged over 65 year with a Learning Disability is predicted to increase in Warwickshire at a greater rate than in the West Midlands and England generally. Conversely Warwickshire is predicted to see smaller increases in the number of people with a Learning Disability in the younger age brackets, although they will have more complex and profound needs. The predictions strongly suggest that the number of older people with Learning Disabilities will increase at a greater rate than the average across the country and region, and the number of younger people with LD will increase at a slower rate.
- 4.5 As at 31st March 2010 there were 1067 people with a learning disability using adult social care services, including 75 people who are placed out of County.
- 4.6 There are 155 older people with a learning disability (over 65 years) as well as a significant number of older carers; 131 over the age of 65 years and 17 over the age of 85 years.

5. Self Assessment Action Plan

- 5.1 This self assessment action plan forms part of the revised strategic direction for learning disability services to create a more personalised approach to; reduce dependency on high cost packages of care, to increase the choice and control individuals with a learning disability have over their daily lives, ensuring this is delivered whilst making the best use of limited resources. It is based on what we know about the needs of the local learning disability population and their families and what people with learning disabilities and their families have told us they need. It has also been developed using the Directorates 'Principles for Change':
- We must look to deliver quality services at the lowest possible costs.
 - We must look to help people regain or attain independence outside of social care services, wherever this is possible.
 - We must aim to share services with local partners either neighbouring local authorities or with health partners or both together, where this offers the best solutions.
 - We will help people to use their own resources where this is feasible. We will no longer offer subsidies for services for those who through a means test can demonstrate they can afford to pay for those services.
- 5.2 The action plan is embedded within the Learning Disability Strategy four years delivery plan (2010/11 – 2014/2015), which is attached as appendix B. Its delivery is central to the implementation of the Transformation Programme for Adult Social Care.
- 5.3 It has been developed within the wider strategic envelope for learning disability services of an investment of approximately £35million. There will be savings targets against this service at the same time as demand led budget pressures.
- 5.4 It will require a significant change to the way services are currently delivered and organised, including a change in the way we work with internal and external providers.

6. Summarised Actions

Attached at appendix B is part of the delivery plan for the learning disability services. The initial actions shaded relate specifically to this report. The remaining actions link to the wider learning disability strategy and are for your information only.

- 6.1 **1. Reduce reliance on residential care and moving towards use of Extra Housing and supported living options.**
2. Reduce the number of people with a learning disability living out of County.

Targets:

- By March 2015, 30% reduction in the number of people living in residential care.
- By March 2015, all people wishing to return to the County are supported to do

so.

Outcome: People with a learning disability will live in accommodation that can best meet their individual needs. They will be supported to decide where they live, who they live with, be as independent as possible and able to participate in community life, free from anti social behaviour, for as long as they choose.

Actions

Working with CSED, and using the Care Fund Calculator, opportunities have been identified to improve the outcomes for approximately 100 LD service users by moving them from Residential Care into supported living, reducing their support costs, and to further reduce spend by renegotiating excessively high Residential package costs down to the West Midlands average. This includes some of the people who currently live out of County.

There will be significant ongoing savings, most of which will be achieved in the first 12 months.

6.2 **3. Getting more people with a learning disability into employment.**

Outcome: People with a learning disability want to live a fulfilled life. In particular they want to have and keep a job, be able to travel independently, learn new skills, enjoy their leisure time, make new friends and relationships.

Targets:

- By March 2012 up to 30 people with a learning disability will be supported to find and keep a job.
- By March 2014 up to 20 people will be employed by the public sector. Each will have a job coach who has been trained to support them.
- By March 2011, a review of day services and transport provision will be completed with recommendations to develop more community based support.

Actions

1. Working with The Shaw Trust, capitalise on their expertise and access to national funding to support up to 30 people with a learning disability into finding and keeping a job.

2. Through better commissioning invest in the W.E.S.T. project to secure employment across the public sector. Included in this action will be the development of job coaches to support people with a learning disability to retain employment.

3. Consult users and carers, on moving from building based day services to move to more community based support.

6.3 **4. Getting better information, through the Health Access Teams, so that planning and commissioning is more robust and evidence based.**

Outcome: Future commissioning decisions are based on robust datasets ensuring better use of resources.

Actions

1. Work with the Health Access Teams, to build good quality data about the health and social care needs of people with a learning disability and their carers.
2. Work with frontline teams to improve data quality.
3. Make sure that the migration to Carefirst 6 includes the business needs of Learning Disability Services.
4. Secure access to national data that is more robust and evidence based.

7. Next Steps

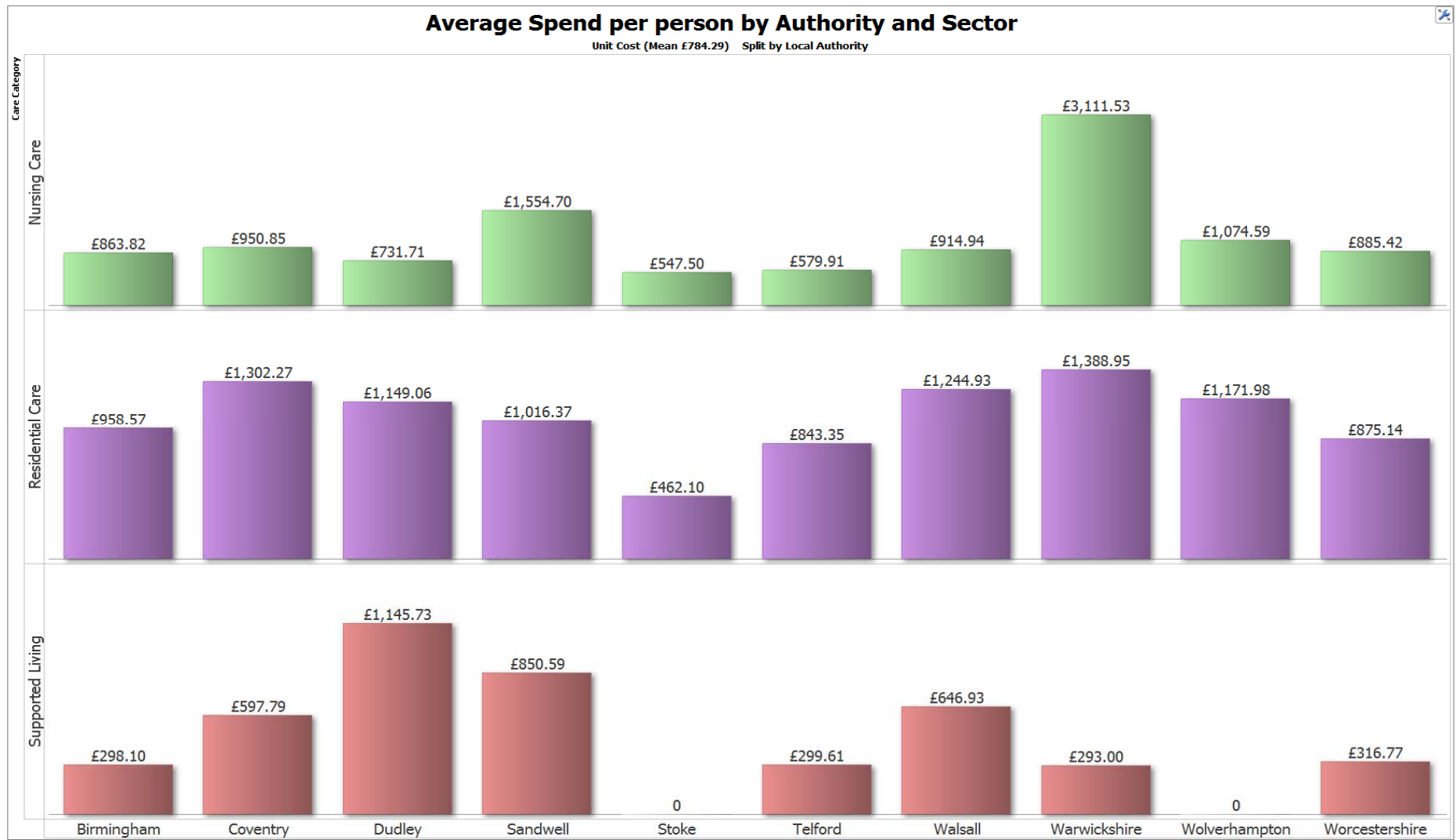
- 7.1 These actions are being taken forward as part of the Directorate Transformation Programme and proposed savings plan, yet to be agreed by Cabinet.
- 7.2 Cabinet will be asked to agree a formal consultation process on the actions as appropriate. They will be asked to agree to formal consultation on the impact of any proposed changes to building based support, in particular day services.
- 7.3 The O&S committee will be informed of the formal consultation approach.

JOHN BOLTON
Interim Director of Adult
Services

Shire Hall
Warwick

September 2010

Appendix A



**LEARNING DISABILITY
SELF ASSESSMENT ACTION PLAN
2010 - 2015**

| <u>Learning Disability Action Plan 2010 - 2015</u> | | | | |
|---|---------------|---|--|------------------|
| 1. Reduce reliance on residential care and moving towards use of Extra Housing and supported living options. 2. Reduce the number of people with a learning disability living out of County. | | Programme Lead and Supporting officers | | |
| People with a learning disability will live in accommodation that can best meet their individual needs. They will be supported to decide where they live, who they live with, be as independent as possible and able to participate in community life, free from anti social behaviour, for as long as they choose. | | Christine Lewington, Service Manager Tim Willis Extra Care Housing Bob Stanton. CSED. | | |
| Lead Organisation | | | | |
| Action | Start Date | End Date | Responsible Officer/s and Organisation | Additional Notes |
| 1. Implement the business model to re-accommodate 100 people from residential care to supported living | December 2010 | March 2015 | | |
| 2. Make available 5% of extra care facilities to people with a learning disability and their carers. | December 2010 | March 2015 | | |
| 3. Complete the supporting people review and align | October 2010 | January 2011 | | |

| | | | | |
|--|--------------|--------------|--|--|
| housing related support to areas of greatest need subject to available funding. | | | | |
| 4. Fully utilise 1% of all housing stock in each district for people with a learning disability | October 2010 | March 2015 | | |
| 5. Increase the use of equipment including Telecare and telehealth to support people to live independently. | October 2010 | March 2015 | | |
| | | | | |
| Key Outputs/Targets | | Key Outcomes | | |
| By March 2015, 30% reduction in the number of people living in residential care | | | | |
| By March 2015, all people wishing to return to the County are supported to do so | | | | |
| By March 2015 the council will spend under 20% of its budget for people with a learning disability on residential care. | | | | |
| By March 2015 1% of all housing stock is taken by people with a learning disability | | | | |
| By March 2015, increase the use of telecare in packages of support by 25% to reduce dependency on other more formal forms of support | | | | |

| <u>Learning Disability Action Plan 2010 - 2015</u> | | | | |
|---|-------------------|-----------------|---|-------------------------|
| 3. Getting more people with a learning disability into employment. | | | Lead and Supporting officers | |
| People with a learning disability want to live a fulfilled life. In particular they want to have and keep a job, be able to travel independently, learn new skills, enjoy their leisure time, make new friends and relationships. | | | Christine Lewington. Service manager Sharon Padley Frazao. Lead Commissioner. Steve Smith. Provider Manager | |
| Lead Organisation | | | | |
| Action | Start Date | End Date | Responsible Officer/s and Organisation | Additional Notes |
| Working with The Shaw Trust, capitalise on their expertise and access to national funding to support up to 30 people with a learning disability into finding and keeping a job. | November 2010 | March 2012 | Sharon Padley Frazao | |
| Commission the W.E.S.T. project to secure employment across the public sector. Included in this action will be the development of job coaches to support people with a learning disability to retain | April 2011 | March 2014 | Sharon Padley Frazao | |

| | | | | |
|---|---------------|------------|---------------------|--|
| employment. | | | | |
| Consult users and carers, on moving from building based day services to more community based support. | November 2010 | March 2011 | Christine Lewington | |
| Increase the number of Personal Assistants for people with a learning disability. | April 2011 | March 2012 | | |
| Work with District & Borough councils to promote access to leisure opportunities | April 2011 | March 2012 | | |
| Utilise existing learning and work environments, such as horticultural learning centres for people with learning disabilities and build capacity where none exists within local communities | April 2011 | March 2014 | | |
| Reduce spend on transport year on year and invest in travel training. | April 2011 | March 2015 | | |
| Increase use of ISFs with the voluntary and independent sector to support people to use their personal budgets as they choose. | April 2011 | March 2015 | | |
| | | | | |

| Key Outputs/Targets | Key Outcomes |
|---|--------------|
| By March 2012 up to 30 people with a learning disability will be supported to find and keep a job. | |
| By March 2014 up to 20 people will be employed by the public sector. Each will have a job coach who has been trained to support them. | |
| By March 2011, complete a consultation process with users and carers about the future use of building based services with a view to move to more community based support. | |
| By March 2012, increase the number of personal assistants to 20 for people with a learning disability | |
| By March 2014, there will be a learning and/or leisure environment, in each local area, where people with a learning disability can enhance their skills. | |
| From April 2011, all new people or those who have been reviewed will receive travel training. | |
| By March 2015, ISFs will feature in all major contracted services. | |

| <u>Learning Disability Action Plan 2010 - 2015</u> | | | | |
|---|-------------------|-----------------|---|-------------------------|
| 4. Getting better information, through the Health Access Teams, so that planning and commissioning is more robust and evidence based. | | | Lead and Supporting officers | |
| Future commissioning decisions are based on robust datasets ensuring better use of resources. | | | Christine Lewington. Service manager Chris Norton. Finance Manager | |
| Lead Organisation | | | | |
| Action | Start Date | End Date | Responsible Officer/s and Organisation | Additional Notes |
| Work with health access teams and agree profile for data collection on the health and social care needs of people with a learning disability. | Ongoing | | Sally Eason NHS Warwickshire | |
| Agree protocols for sharing information across the health and social care sector for planning and commissioning purposes. | November 2010 | January 2011 | Sharon Padley Frazao | |
| Work with IT systems, in particular Carefirst 6 to | November 2010 | March 2011 | Ben Larard | |

| | | | | |
|--|---------------|------------|--------------|--|
| ensure data collection informs future commissioning. | | | | |
| Put in place sufficient resources to ensure financial information is robust. | November 2010 | March 2011 | Chris Norton | |
| | | | | |
| | | | | |
| | | | | |
| Key Outputs | | | Key Outcomes | |
| By Dec 2010, Health Access Team have agreed profile for data collection in inform health and social care commissioning. | | | | |
| By January 2011, protocols for information sharing is agreed. | | | | |
| By March 2011, the implementation of Carefirst 6 is fully integrated into frontline teams for people with learning disabilities. | | | | |
| | | | | |